

## **Long-Distance Transportation**

Long-distance transportation can be provided between two localities. Long-distance services may be fixed route, scheduled, one-way, open-ended, or round-trip.

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## **MyMobility Plan**

The mobility planning toolpdf icon can guide you to take action today to help keep yourself—or your loved ones—safe, mobile, and independent tomorrow.

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[Centers for Disease Control \(CDC\)](#)

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## **U.S. DOT Air Travel Tips**

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## **Why Mobility Managers Can Be Transportation Game Changers**

Mobility managers are transportation coordinators for older adults, people with disabilities, veterans, and other members of the riding public. They can help people “find a ride” by connecting them to transportation options in their communities.

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## **Older Adults and Transportation**

Older adults need convenient, affordable, and accessible transportation options in their local communities.

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