

Multidisciplinary programs that combine the resources of physical, occupational and speech therapists to help individuals who have diseases or injuries that affect the central, peripheral or autonomic nervous systems including the brain, cranial nerves, spinal cord, spinal nerves, optic nerves and other related structures to recover their mobility and ability to communicate or see or develop alternative approaches or skills. Therapy focuses on helping patients to recover physical strength and control; improve their balance; relearn or replace basic motor skills that are needed for dressing, shaving, housekeeping and other activities of daily living; and overcome expressive and receptive language problems or develop alternatives.

Books & Guides

[A Guide to Senior Rehabilitation Centers](#)

Senior rehabilitation centers provide medical care and skilled nursing services that help patients make a full post-treatment recovery. This guide introduces senior rehabilitation centers, explores who might need rehab care and gives an overview of typical services.

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