

## [End of Life Planning](#)

End of life planning is important to ensure that the dying person's wishes are honored during this time. This section provides articles and resources to help as you and your family discuss end of life considerations such as individualized medical orders, palliative and hospice care, and any funeral or memorial arrangements.



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Links

## [Cake: Funeral and End-of-Life Platform and Tools](#)

Source

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Links

## **CaringInfo (National Hospice and Palliative Care Organization)**

Source

[CaringInfo \(National Hospice and Palliative Care Organization\)](#)

Links

## **Memorial Society of Northern Virginia**

Source

[Memorial Society of Northern Virginia](#)

Books & Guides

## **Conversation Starter Guides: When it comes to end-of-life care, talking matters**

These Conversation Guides can help you have ‘the conversation’ with the important people in your life about your – or their – wishes for care through the end of life.

Source

[The Conversation Project](#)

Books & Guides

## **Advance Care Planning Guide**

This [Advance Care Planning Guide](#) from Honoring Choices<sup>®</sup> Virginia provides helpful information on planning in advance for future health care choices.

Source

[Honoring Choices<sup>®</sup> Virginia](#)

Links

## **The Conversation Project**

The Conversation Project is dedicated to helping people talk about their wishes for end-of-life care.

Source

[The Conversation Project](#)

Links

## **National POLST: Physician Orders for Life-Sustaining Treatment**

The National POLST Paradigm is an approach to end-of-life planning based on conversations between patients, loved ones, and health care professionals

Source

[National POLST: Physician Orders for Life-Sustaining Treatment](#)

Links

## **ConnectVirginia: Virginia Advance Health Care Directives Registry**

Source

[ConnectVirginia: Virginia Advance Health Care Directives Registry](#)

Article

## **Why Are Funerals So Expensive? 4 Ways to Cut Costs**

When planning a funeral consider ways that you can cut costs for funeral expenses.

Source

[WayForth](#)

Article

# [Top 10 Things to Do: Checklist for a Death In the Family](#)

The days and weeks immediately following a death in the family can be confusing and hectic. This checklist provides practical advice and strategies for this difficult time.

Source

[WayForth](#)

## **Pagination**

- [Current page 1](#)
- [Page 2](#)
- [Page 3](#)
- [Next page >>](#)
- [Last page Last >](#)

Showing 1-10 of 29 Results