

Energy Assistance

Many local energy providers offer financial help with paying utility bills including heating and cooling costs, weatherization, and crisis assistance.

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Article

Extreme Heat and Your Health

Take steps to protect yourself from extreme heat. Extreme heat is defined as summertime temperatures that are much hotter and/or humid than average.

Source

[Centers for Disease Control \(CDC\)](#)

Article

VDSS Accepting Fuel Assistance Applications

The Virginia Department of Social Services (VDSS) is currently accepting

Source

[Virginia Department of Social Services](#)

Article

CommonHelp...helping those in need

CommonHelp is a quick and easy resource for people who live in Virginia to check the status of their benefits, report changes to their status, and find out if they may be eligible to receive the following. Learn more...

Source

[Virginia CommonHelp](#)

Books & Guides

A Quick Guide to Using CommonHelp

A [Quick Guide to Using CommonHelp](#) provides information on Virginia's fast and easy way to apply online for many social services assistance programs.

Source

[Virginia Department of Social Services](#)

Links

Virginia CommonHelp

Source

[Virginia CommonHelp](#)

Article

The VirginiaNavigator Guide: What to Do in a Financial Emergency

VirginiaNavigator can help connect you to resources during a financial emergency.

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Links

Virginia Residential Energy Incentives

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[Virginia Residential Energy Incentives](#)

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Dominion Energy: Save Energy

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[Virginia Department of Social Services \(VDSS\): Energy Assistance](#)

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[Virginia Department of Social Services \(VDSS\): Energy Assistance](#)

Article

[Energy Assistance](#)

Energy Assistance may be available to you. Read this informational article to learn more details.

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[Virginia Department for Aging and Rehabilitative Services](#)

Pagination

- [Current page 1](#)
- [Page 2](#)
- [Next page >>](#)
- [Last page Last >](#)

Showing 1-10 of 11 Results