

Older adults have an increased risk for many preventable diseases. Recommended immunizations include seasonal flu/influenza vaccines, the Td or Tdap vaccine (tetanus, diphtheria, pertussis) and the shingles vaccine.

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Article

[Reduce Your Risk from Respiratory Viruses This Holiday Season](#)

Each year, the CDC anticipates peaks of respiratory disease activity from December to February. Learn more about how to reduce your risk.

Source

[Centers for Disease Control \(CDC\)](#)

Links

[Disability Information and Access Line \(DIAL\)](#)

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[Disability Information and Access Line \(DIAL\)](#)

Article

[What You Need to Know About Mpox \(Monkeypox\)](#)

Monkeypox is a rare disease caused by infection with the monkeypox virus. Monkeypox symptoms are similar to smallpox symptoms, but milder, and monkeypox is rarely fatal.

Source

[Centers for Disease Control \(CDC\)](#)

Article

Latest Virginia COVID-19 Vaccine, Booster Shot & Flu Vaccine Information

Get the latest Virginia COVID-19 vaccination and booster information!

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Virginia Department of Health COVID-19 Vaccination Response

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[Virginia Department of Health COVID-19 Vaccination Response](#)

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Benefits of Getting a COVID-19 Vaccine

Learn important facts and benefits about the COVID-19 vaccine.

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[Centers for Disease Control \(CDC\)](#)

Article

Vaccines for Everyone

August is National Immunization Awareness Month (NIAM). Get vaccinated to prevent serious disease.

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[Centers for Disease Control \(CDC\)](#)

Links

[CDC: End of the Federal COVID-19 Public Health Emergency](#)

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[CDC: End of the Federal COVID-19 Public Health Emergency](#)

Article

[Pneumonia Can Be Prevented - Vaccines Can Help](#)

Lower your risk of pneumonia with vaccines and other healthy living practices.

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[Centers for Disease Control \(CDC\)](#)

Links

[American Lung Association's Flu Clinic Locator](#)

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[American Lung Association's Flu Clinic Locator](#)

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