

Programs that provide for the holistic management of needs of patients with the objective of helping them through relief of suffering and control of symptoms of their progressive illness. The focus of palliative care is on people with incurable and progressive illnesses who are in the early stages.

Links

Age and Ability Inclusion Toolkit for Senior Living

Source

[Age and Ability Inclusion Toolkit for Senior Living](#)

Article

Virtual Advance Care Planning Conversations from Honoring Choices Virginia

Find out about Honoring Choices Virginia's Virtual Advance Care Planning Conversations.

Source

[Honoring Choices® Virginia](#)

Books & Guides

Caregiver's Guide to Hospice

The Caregiver's Guide to Hospice explains what makes hospice care unique. It also clarifies misconceptions about hospice that can confuse a family when making important decisions about care options.

Source

[Open Caregiving](#)

Links

Open Caregiving: Caregiver End of Life Resources

Source

[Open Caregiving: Caregiver End of Life Resources](#)

Links

CaringInfo (National Hospice and Palliative Care Organization)

Source

[CaringInfo \(National Hospice and Palliative Care Organization\)](#)

Books & Guides

Palliative Care: The Relief You Need When You Have a Serious Illness

[Palliative Care: The Relief You Need When You Have a Serious Illness](#) discusses how you can improve your quality of life when you are seriously ill.

Source

[National Institutes of Health](#)

Links

The Conversation Project

The Conversation Project is dedicated to helping people talk about their wishes for end-of-life care.

Source

[The Conversation Project](#)

Links

National POLST: Physician Orders for Life-Sustaining Treatment

The National POLST Paradigm is an approach to end-of-life planning based on conversations between patients, loved ones, and health care professionals

Source

[National POLST: Physician Orders for Life-Sustaining Treatment](#)

Understanding Palliative/Supportive Care: What Every Caregiver Should Know

What is palliative care and how does it differ from hospice care? Find out more information about what caregivers should know about palliative care.

Source

[Family Caregiver Alliance](#)

Books & Guides

Considering Hospice Care: A Discussion Guide for Families

A [hospice discussion guide from VITAS Healthcare](#) to help you and your loved one make informed decisions about end of life care and options.

Source

[VITAS Healthcare](#)

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