

Departments of Social Services

Referred to as DSS, these government agencies deliver and monitor social service programs such as Medicaid Cardinal Care eligibility, the Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF), Child Protective Services (CPS), and Adult Protective Services (APS).

Article

Extreme Heat and Your Health

Take steps to protect yourself from extreme heat. Extreme heat is defined as summertime temperatures that are much hotter and/or humid than average.

Source

[Centers for Disease Control \(CDC\)](#)

Article

CommonHelp...helping those in need

CommonHelp is a quick and easy resource for people who live in Virginia to check the status of their benefits, report changes to their status, and find out if they may be eligible to receive the following. Learn more...

Source

[Virginia CommonHelp](#)

Books & Guides

A Quick Guide to Using CommonHelp

A [Quick Guide to Using CommonHelp](#) provides information on Virginia's fast and easy way to apply online for many social services assistance programs.

Source

[Virginia Department of Social Services](#)

Links

Virginia CommonHelp

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[Virginia CommonHelp](#)

Links

Virginia Department of Social Services (VDSS): Medical Assistance Programs

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[Virginia Department of Social Services \(VDSS\): Medical Assistance Programs](#)

Links

Virginia Department of Social Services (VDSS)

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[Virginia Department of Social Services \(VDSS\)](#)

Article

Local Departments of Social Services - Here to Help

An overview of the services provided by local Departments of Social Services in Virginia.

Source

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Showing 1-7 of 7 Results