

## **Senior Independent Living**

Age-qualified housing communities, some of which offer "convenience services" such as meal preparation, transportation, and other help with activities of daily living (ADLs).

Links

## **[Aging in Place: Your Home, Your Community, Your Choice](#)**

Learn more about the essentials of a successful plan using the materials available on this web page. Topics covered include: housing, health and wellness, transportation, personal finance, and social connections and growth.

Source

[Aging in Place: Your Home, Your Community, Your Choice](#)

Article

## **[Make Aging in Place Your Plan: The Key to Living Longer and Independently](#)**

"Aging in place" provides an option for staying in your own home with supports and services as you age.

Source

[Women's Institute For A Secure Retirement](#)

Links

## **[CARF International: Accreditation](#)**

Source

[CARF International: Accreditation](#)

Article

## **Housing Options for Older Americans**

This overview of senior housing options from the Administration for Community Living provides a summary of different types of housing. It also reviews ways assistive technology can help older citizens remain in their homes.

Source

[Administration for Community Living](#)

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