

Residences that include assistance with daily activities.

Article

Virginia Assisted Living Finder

Need help understanding and simplifying assisted living options? There's an array of senior living options across Virginia that cater to different needs. The Virginia Assisted Living Finder includes housing resources and FAQs on housing topics to help guide you and your family.

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Article

Virginia Senior Housing Finder

Need help understanding and simplifying senior housing? There's an array of senior living options across Virginia that cater to different needs. The Virginia Senior Housing Finder includes housing resources and FAQs on housing topics to help guide you and your family.

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Article

11 Housing Options for Older Adults Who Need a Little - or More - Help

Housing ranks among the biggest monthly expenses, but few older adults consider the most appropriate home settings for their needs.

Source

[AARP](#)

Links

Age and Ability Inclusion Toolkit for Senior Living

Source

[Age and Ability Inclusion Toolkit for Senior Living](#)

Article

How to Stay Connected with a Loved One in Long-Term Care

How to stay close and connected with a loved one in long-term care.

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Article

How to Avoid Going Broke in Long-Term Care

This article explores ways to protect your assets while also paying for long-term care.

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[Smith Strong, PLC](#)

Books & Guides

Housing Options for Older Adults

[Housing Options for Older Adults](#) is a resource guide for making housing decisions as you grow older.

Source

[National Association of Area Agencies on Aging](#)

Article

How to Prepare for “The Talk” About Moving to Assisted Living

Talking to your parents about assisted living can be overwhelming and stressful for everyone. This article from AgingCare.com provides helpful suggestions that you may want to use.

Links

Virginia Department of Social Services: Search for an Assisted Living Facility

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[Virginia Department of Social Services: Search for an Assisted Living Facility](#)

Links

Medicare.gov: Care Compare Tool for Finding Health Care Providers

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[Medicare.gov: Care Compare Tool for Finding Health Care Providers](#)

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