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[Pathways To Well-Being With Dementia](#)

Pathways To Well-Being With Dementia: A Manual of Help, Hope and Inspiration

This exceptional guide gives essential information about living with dementia from 48 people living with it, their care partners, and leading dementia specialists. The science-based information is presented in a user-friendly format.

[Pathways To Well-Being With Dementia](#) is aimed at people who are experiencing some cognitive changes, have been diagnosed with mild cognitive impairment, or who have been diagnosed with a form of dementia and want to live proactively. A comprehensive collaboratively-written resource, it offers a broad range of insights, expertise, and inspiration.