## **Companion Care**

Age Requirements 18 and over Intake Process Visit the website; call the office **Provider Refer** Yes **Report Problems** Call the Agency Self Refer Yes Grandmommy's Heart https://www.grandmommysheart.com/our-services Main (703) 582-3872 25097 Green Mountain Terrace 20105 VA **United States** 

Fee Structure Fixed Fee Payment Method(s) Private Pay Languages Spoken English

Grandmommy's Heart provides companion services and support to aging adults to help them sustain their independence. Services can include

- Companionship
- Meal Preparation
- Grocery Shopping
- Medication Reminders
- Dog Walking

- Transportation Services
- Light Housekeeping
- Errand Service

Other services can include respite care to give the primary caregiver a much-needed break.

Service Area(s) Fairfax City , Fairfax County , Falls Church City , Loudoun County

Email info@grandmommysheart.com