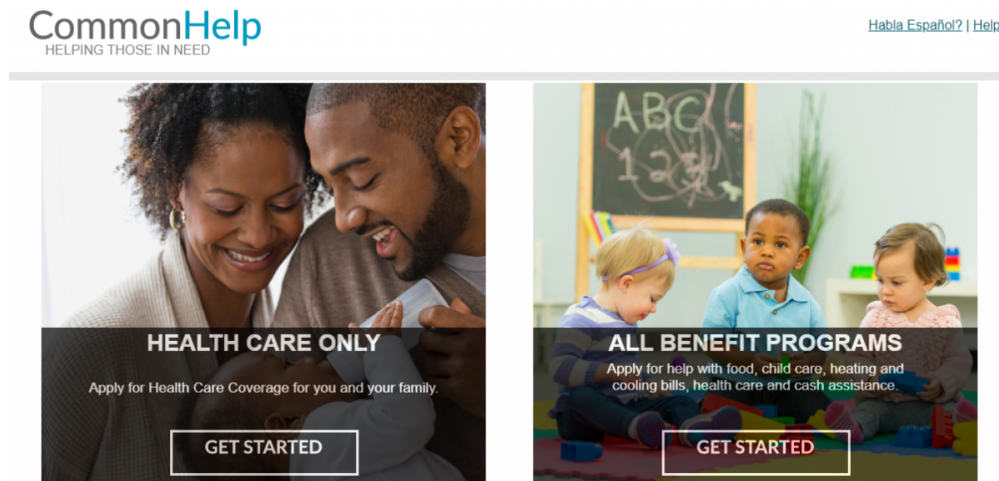


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## CommonHelp...helping those in need

Have you been impacted by COVID-19? Get help and resources.



The banner features the CommonHelp logo on the left and a navigation link 'Habla Español? | Help' on the right. Below the logo is a dark blue bar with the text 'HEALTH CARE ONLY' and 'Apply for Health Care Coverage for you and your family.' A white 'GET STARTED' button is positioned at the bottom center of this bar. To the right is another dark blue bar with the text 'ALL BENEFIT PROGRAMS' and 'Apply for help with food, child care, heating and cooling bills, health care and cash assistance.' A white 'GET STARTED' button is positioned at the bottom center of this bar. The background of the banner shows a family of four smiling and a group of three children sitting on a rug in a classroom.

[CommonHelp](#) is a quick and easy resource for people who live in Virginia to check the status of their benefits, report changes to their status, and find out if they may be eligible to receive the following:

- Low or no-cost health care
- Help with buying prescription drugs
- Help with paying for child care
- Home energy assistance
- Help with buying food  
*i.e. Supplemental Nutrition Assistance Program (SNAP)/food stamps*
- Temporary cash assistance for families with minor children  
*i.e. Temporary Assistance for Needy Families (TANF)*

Through CommonHelp, new users can access an online tool to see what help or benefits they may qualify for before applying. First-time users will be required to [create an account](#) to begin using CommonHelp.

Please note individuals who receive [Unemployment Insurance Benefits](#) may not be eligible for other CommonHelp benefits.

## Videos

- [How to Apply for Benefits](#) (MP4)
- [How to Apply for Benefits \(Spanish\)](#) (MP4)
- [Using CommonHelp After Applying](#) (MP4)
- [Using CommonHelp After Applying \(Spanish\)](#) (MP4)

[Apply Online Using CommonHelp](#)

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Virginia CommonHelp

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