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## August is National Immunization Month

### **Get back on track with routine vaccinations**

National Immunization Awareness Month (NIAM) is an annual observance held in August to highlight the importance of routine vaccination for people of all ages.

During NIAM, we encourage you to talk to your doctor, nurse or healthcare provider to ensure you and your family are protected against serious diseases by getting caught up on routine vaccination.

### **Vaccines across the lifespan**

As your children head back to school this fall, it's particularly important for you to work with your child's doctor or nurse to make sure they get caught up on missed [well-child visits and recommended vaccines](#).

Remember to take care of yourself too! Make sure to receive any vaccines you need to stay healthy. Use CDC's [adult vaccine assessment tool](#) to see which vaccines might be right for you.

### **More Information**

August is also a critical time for those who are eligible to get vaccinated against COVID-19. To learn more about COVID-19 vaccination, go to [Your COVID-19 Vaccination | CDC](#).

Article Source

Centers for Disease Control (CDC)

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