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## **Essential Tremor Support Group**

Date and Time

Monthly on the second Thursday at 4:00pm for 7 times

Event URL

[The Center](#)

Event Region

Charlottesville Area

Event Type

Support group

RSVP Info

434-974-7756

Event Cost

\$0.00

Event Description

Essential Tremor Support Group meets on the second Thursday of the month from 4-5:00pm. Members provide help and information about a condition that can be difficult and embarrassing. Essential tremor is a neurological condition that causes shaking of the head, hands and voice. This group is both educational and supportive and free. For more information, contact John Watterson at 434-973-2510.