

# Volunteer Opportunities

## Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Family

No

Intake Contact Email

vamrc@vdh.virginia.gov

Self Refer

Yes

Virginia Medical Reserve Corps

<http://www.vdh.virginia.gov/mrc/>

Virginia Department of Health, 109 Governor Street, 13th Floor

23219 VA

United States

Languages Spoken

English

The Virginia Medical Reserve Corps (MRC) is a force of dedicated volunteers who stand ready to support the community in the event of a public health emergency. Each of the 31 local MRC units is comprised of teams of medical and public health professionals who, along with interested community members, volunteer their skills, expertise and time to support ongoing public health initiatives and assist during emergencies throughout Virginia.

There are approximately 31 volunteer programs throughout the state. Each MRC unit is a local program built on the concept that communities can improve their overall health and preparedness by organizing volunteer resources from within. Volunteers are trained to respond effectively to local emergencies.

[Click here To Find a Local MRC unit](#) in your area.

[Click here to Register as a New Volunteer.](#)

Service Area(s)  
Statewide