

# Travel Training, People with Disabilities and Older Adults

We can accommodate riders with:

Guide Animals

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Personal Care Attendants

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Serves adults age 60 and older and people of any age with disabilities.

Family

No

Intake Contact Email

transportation@raaa16.org

Intake Process

Call for an assessment. Please indicate that an aide will be traveling with a passenger at the time the trip is requested.

Intake Contact Telephone

(540) 656-2985

Provider Refer

Yes

Residency Requirements

Must reside in the City of Frdericksburg or Caroline, King George, Spotsylvania, and Stafford Counties.

Self Refer

Yes

Healthy Generations Area Agency on Aging

<https://healthygenerations.org>

<http://raaa16.org/about-raaa/our-services/>

<https://www.facebook.com/RappahannockAreaAgencyonAging/>

Main

(540) 371-3375

Toll-Free

(800) 627-2892

460 Lendall Lane  
22405 VA  
United States

#### Additional Availability Comments

Ride request call hours are Monday through Friday from 9:00 AM-2:00 PM.

Transportation hours vary.

#### Fee Structure

No Fee

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Fixed Fee

#### Payment Method(s)

Private Pay

#### Languages Spoken

English

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Spanish

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French

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Multi-Lingual

Mobility Options is a grant-funded program providing transportation counseling, complimentary travel training, and personalized transportation for Planning District 16. Services may be provided to persons of any age with a physical, developmental, or intellectual disability, or persons that are sixty (60) years of age or older. A Virginia Planning District 16 Transportation Resource Guide is available [on the website](#).

Demand-response transportation may be available for the target populations of people with disabilities, older adults 60 years of age and older, and people who are transportation disadvantaged. Trip purpose can be for any number of destinations and is not solely relegated to medical appointments. Requests from the target populations are on a first-come, first-served basis.

Local service is provided on a daily basis. Out-of-town services (Richmond, Charlottesville, and Northern Virginia) are provided once a month to each of these three jurisdictions.

Service Area(s)

Caroline County

,

Fredericksburg City

,

King George County

,

Spotsylvania County

,

Stafford County

Email

[info@raaa16.org](mailto:info@raaa16.org)