

## Senior Companion Program

Age Requirements

60+

Available 24/7

No

Intake Process

Contact intake at 757-461-9481

Provider Refer

Yes

Residency Requirements

Must reside in the SSSEVA coverage area

Self Refer

Yes

Senior Services of Southeastern Virginia

<http://www.ssseva.org/>

Main

(757) 461-9481

2551 Eltham Avenue

Suite Q

23513 VA

United States

Monday: 8:30 am-4:30 pm

Tuesday: 8:30 am-4:30 pm

Wednesday: 8:30 am-4:30 pm

Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-4:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Languages Spoken

English

Senior Services of Southeastern Virginia administers the Senior Companion Program throughout Senior Services' coverage area. This program partners senior volunteers with senior adults living in the community who need companionship and a helping hand, or it can also be offered as a respite service to the caregiver of an individual with dementia. In addition to paying a friendly visit, the companion may be able to offer a helping hand by performing a variety of tasks, such as light housekeeping services, writing a letter, or fixing a light meal. Actual tasks are mutually agreed upon by the companion and the senior, with the assistance of the Options Counselor and/or Program Manager. This program is offered at no cost to the recipient.

Service Area(s)

Chesapeake City

,

Franklin City

,

Isle of Wight County

,

Norfolk City

,

Portsmouth City

,

Southampton County

,

Suffolk City

,

Virginia Beach City

Email

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