

## **Intensive Outpatient Program (IOP)**

Age Requirements

18 and over

Intake Process

Please call for more information.

Provider Refer

Yes

Winchester Community Mental Health Center, Inc.

<https://www.winchestercmhc.com>

<https://winchestercmhc.com/what-is-the-intensive-outpatient-program/>

Main

(540) 535-1112

36 Ricketts Drive

22601 VA

United States

Monday: 9:00 am-7:00 pm

Tuesday: 9:00 am-7:00 pm

Wednesday: 9:00 am-7:00 pm

Thursday: 9:00 am-7:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

The Mental Health Outpatient Program runs 9 am - 12 pm, Monday, Wednesday, and Friday

Fee Structure

Fee Range

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

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Medicare  
Languages Spoken  
English

The Winchester Community Mental Health Center, Inc. Intensive Outpatient Program (IOP) is a short-term outpatient program designed specifically for adult patients who are experiencing behavioral or emotional difficulties, but who do not require (or no longer require) the intense level of psychiatric care provided by our partial hospitalization/day treatment program. IOP is ideal for stabilizing those individuals with a history of frequent relapse. Eligible patients have acute symptoms of depression and/or anxiety and may be at risk for hospitalization, or maybe "stepping down" from a hospital stay.

Referrals are accepted from hospitals, physicians, psychologists, psychotherapists, patients, and social service agencies.

Service Area(s)  
Clarke County  
,  
Frederick County  
,  
Page County  
,  
Shenandoah County  
,  
Warren County  
,  
Winchester City