Gartlan Behavioral Health

Age Requirements 0-5 , 6-12 , 13-21 22-55 56-60 , 60 +Available 24/7 No Other Eligibility Criteria Children, Adolescent, Adult Family No Intake Contact Entry and Referral Office Intake Process Call Mental Health Entry & Referral Services Phone : 703-481-4230, TTY: 703-866-2147 **Provider Refer** Yes **Qualifications Qualification Type** Licensure **Qualification Entity** Virginia Department of Behavioral Health and Developmental Services **Qualification Number** 113-07-006 Self Refer Yes

Fairfax Falls Church Community Services Board http://www.fairfaxcounty.gov/csb/publications/gartlan-welcome.htm Main (703) 360-6910 Phone Emergency 911 TTY/TTD 711 8119 Holland Road 22306 VA **United States** Fee Structure Call for Information Payment Method(s) **Private Insurance** Medicare , Medicaid **Private Pay** Tricare Languages Spoken English **Multi-Lingual** Spanish

The Fairfax-Falls Church Community Services Board's Gartlan Behavioral Health offers adult outpatient behavioral health services including mental health case management, medication services, and services for substance use disorders.

Available services include:

- Case management;
- Individual and group treatment;
- Medications;
- Nursing services;
- Treatment for co-occurring disorders;
- Outpatient treatment/education for substance use disorders;
- Mental health day supports;
- Community-based supports;
- Mental health adult residential services;
- Peer support;
- Pharmacy (QoL);
- Primary health care services (Neighborhood Health, Community Health Care Network);
- Services from other agencies.

Types of treatment groups include:

- Dialectical Behavioral Treatment (DBT);
- Emotional Regulation;
- Mindfulness;
- Co-Occurring Disorder;
- Solution for Wellness;
- Family Focus Group;
- Social and Life Skills;
- Trauma Recovery and Empowerment Model (TREM);
- Substance Use Disorders Outpatient;
- Substance Use Disorders Intensive Outpatient;
- Peer Support Group.

Service Area(s) Fairfax City

Fairfax County

Falls Church City