

# Congregate Meals, Frederick County Senior Center

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Must be 60 and older

Family

No

Intake Contact

Renee Carr

Intake Contact Email

fredericksc@seniorsfirst.info

Intake Process

Call the office for more information.

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Seniors First, The Shenandoah Area Agency on Aging

<https://seniorsfirst.info/>

Main

(540) 869-2444

United Methodist Church

5291 Main Street

22655 VA

United States

Monday: 9:30 am-1:00 pm

Tuesday: 9:30 am-1:00 pm

Wednesday: 9:30 am-1:00 pm

Thursday: 9:30 am-1:00 pm

Friday: Closed

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Lunch is served at 12:00 PM.

Fee Structure

Fee Range

Languages Spoken

English

Frederick County Senior Center offers congregate meals that are served four days a week, Monday, Tuesday, Wednesday and Thursday. In some cases, transportation will be provided to and from the Senior Center. The Senior Center provides nutritious meals and fellowship, programs including health screenings, nutritional education, musical programs, information available community programs for the elderly, programs on fraud and elderly abuse, and other issues of interest to seniors.

Service Area(s)

Frederick County

Email

[info@seniorsfirst.info](mailto:info@seniorsfirst.info)