

## Abram Frink Jr Community Center

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Must be a resident of Williamsburg or James City County or non resident fees apply;  
Children under 12 must have adult supervision.

Family

Yes

Intake Contact

Staff

Intake Contact Email

[parks.rec@jamescitycountyva.gov](mailto:parks.rec@jamescitycountyva.gov)

Intake Process

Telephone referral. Membership fee. Please call for more information.

Provider Refer

Yes

Self Refer

Yes

James City County Parks and Recreation

<https://jamescitycountyva.gov/recreation>

<https://jamescitycountyva.gov/Facilities/Facility/Details/Abram-Frink-Jr-Commun...>

Main

(757) 887-5810

8901 Pocahontas Trail

23185 VA

United States

Additional Availability Comments

Monday through Thursday 4-9pm; Friday 4-8pm. Closed Saturday and Sunday

Fee Structure

Fee Range

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Membership Fee

Payment Method(s)

Private Pay

Languages Spoken

English

The Abram Frink Jr Community Center, with James City County Parks and Recreation, is located on 8901 Pocahontas Trail (Route 60, 3 miles east of Busch Gardens) in Williamsburg, Virginia. The Center has a full-size gymnasium primarily used for open basketball and some volleyball, and locker rooms are also provided.

The facility now has a fitness room with a seven piece Cybex circuit, three treadmills, and two bikes, two ellipticals and one rower. A multipurpose room houses a pool and ping pong table, air hockey, and foosball. Meeting rooms and a racquetball court are available for rent. Programs such as sports classes, teen tournaments, move nights, Zumba classes and Silver Sneaker classes are held here.

Other services available to patrons include personal fitness training, soccer, softball field rentals, and more.

Service Area(s)

James City County

,

Poquoson City

,

Williamsburg City

,

York County

Email

[parks.rec@jamescitycountyva.gov](mailto:parks.rec@jamescitycountyva.gov)