

## **Home Delivered Meals, Meals on Wheels of Arlington**

Age Requirements

60+

Available 24/7

No

Documents Required

Call for details

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Proof of income

Other Eligibility Criteria

Arlington residents age 60 and over. Adults with a permanent disability who have difficulty preparing their own food.

Intake Contact Email

info@mealsonwheelsarlington.com

Intake Process

Call (703) 522-0811; complete application.

Provider Refer

Yes

Self Refer

Yes

Arlington Aging and Disability Services

<https://www.arlingtonva.us/Government/Departments/DHS/Aging-Disability>

<https://mealsonwheelsarlington.com/>

Main

(703) 522-0811

TTY/TTD

(703) 228-1788

2100 Washington Boulevard, 4th Floor

22204 VA

United States

Monday: 8:00 am-5:00 pm

Tuesday: 8:00 am-5:00 pm

Wednesday: 8:00 am-5:00 pm

Thursday: 8:00 am-5:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Accepts calls daily, including weekends.

Fee Structure

Fee Range

Payment Method(s)

Private Pay

Languages Spoken

English

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Language Line available

The AAA in partnership with Meals on Wheels Arlington provides a hot meal and cold meal each weekday for a total of ten meals per week, to homebound Arlington residents who are unable to shop or prepare meals. Delivery occurs on Wednesdays each week for most with a daily delivery option available Monday through Friday. Meals are not delivered on Thanksgiving, Christmas, and New Year's Day.

Mailing address: Meals on Wheels of Northern Virginia, P O Box 40203, Arlington VA 22204. The phone number is (703) 522-0811. <https://mealsonwheelsarlington.com/>

Accepts calls daily, including weekends.

Service Area(s)

Arlington County

Email

[info@mealsonwheelsarlington.com](mailto:info@mealsonwheelsarlington.com)