## **Companion Services**

Age Requirements 0-5 6-12 13-21 22-55 56-60 60+ Available 24/7 Yes Other Eligibility Criteria No residency requirement. Family No Intake Contact Gary Lombardo Intake Contact Email Richmond@optionscorp.com **Intake Process** Phone, Walk-in. After hours beeper service is available 24/7. Provider Refer Yes Self Refer Yes Options for Senior America, Richmond https://www.optionscorp.com Main (804) 673-6730 Toll-Free (800) 267-8466

8100 Three Chopt Road Suite 233 23229 VA United States

Additional Availability Comments
Office hours are Monday-Friday 8:30am-5pm
Fee Structure
Call for Information
Languages Spoken
English

Options For Senior America aides provide assistance with a variety of activities of daily living to help your loved one cope with the effects of aging, both physical and mental. We can help foster wellness with services that include:

- Light housekeeping;
- Meal planning and preparation;
- Personal laundry and linens;
- Medication reminders;
- Grocery shopping and running errands;
- Safety supervision;
- Transportation;
- Socialization;
- Help with organization;
- Out-of-town travel assistance;
- Respite care for family caregivers.

Service Area(s)
Charles City County
,
Chesterfield County
,
Hanover County
,
Henrico County

Richmond City