## **Speakers, Workshops and Keynotes**

Age Requirements 56-60 Available 24/7 No Family No Intake Contact **Emily Kimball** Intake Contact Email etkimball@aol.com Intake Process Call to schedule a speaking engagement Self Refer Yes Make It Happen! Main (804) 358-4959 4907 Beaver Lane # 104 23228 VA **United States** Fee Structure Call for Information Payment Method(s) Private Pay Languages Spoken

English

Through powerful presentations, Emily Kimball 's goal is to motivate healthy seniors to create active, involved lifestyles, to challenge business people to reassess their relationship to risk and to empower women to make their dreams happen. Ms. Kimball, The Aging Adventurer, and has a masters degree in sociology. She rode her loaded touring bike across America and has finished hiking the Appalachian Trail while in retirement. Her presentations offer an exciting, different and inspirational perspective on risk taking, making dreams happen and creative aging.

Conferences and workshops are offered on: Redefining Old Age for the 21st Century; Taking Risks at Any Age; Enhancing the Volunteer Experience of Senior Adults; Puzzling Through Retirement Lifestyle Choices; and Life Lessons Learned from Long Distance Hiking.

Service Area(s) Chesterfield County

Henrico County

**Richmond City** 

Statewide

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