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## **Online Connection Support Group, NAMI**

Date and Time

Wednesday 4/8/2020 6:30pm

Event Region

Richmond Area

Event Type

Support group

RSVP Info

804-285-1749

Event Cost

\$0.00

Event Description

NAMI New Online Connection Support Group. NAMI Central Virginia knows that the need to stay connected to peer support is more important than ever before. NAMI's first Online Connection Support Group will be April 8th at 6:30pm. This meeting is for adults experiencing symptoms of mental illness who are seeking support from peers in their recovery. Space in this meeting is limited to 15 participants. Please reserve your space today by contacting the NAMI CVA staff. Send email to [jeff.conley@namicentralvirginia.org](mailto:jeff.conley@namicentralvirginia.org) or call 804-285-1749. We are looking forward to having you.