

## **Sentara Martha Jefferson Balance & Fall Prevention Assessment**

Age Requirements

No Age Requirement

Available 24/7

No

Intake Process

Please call the office.

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Sentara Martha Jefferson Outpatient Physical, Occupational & Speech Therapy

<https://www.sentara.com/charlottesville-virginia/medicalservices/services/thera...>

Main

(434) 817-4284

Toll-Free

(800) 633-6353

Sentara Martha Jefferson Outpatient Physical, Occupational and Speech Therapy

590 Peter Jefferson Parkway, 2nd Floor

22911 VA

United States

Monday: 6:30 am-5:00 pm

Tuesday: 6:30 am-6:30 pm

Wednesday: 6:30 am-5:00 pm

Thursday: 6:30 am-6:30 pm

Friday: 6:30 am-4:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Fee Range

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

,

Medicare

,

Tricare

Languages Spoken

English

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Call if translation is needed

Sentara Martha Jefferson Outpatient Physical, Occupational & Speech Therapy has a comprehensive program for seniors that includes orthopedic care, fall prevention, balance retraining, osteoarthritis, and osteoporosis treatment and instruction in-home safety. A geriatric Certified Physical Therapist is on staff providing specialized assessment and treatment for seniors.

Osteoarthritis care includes specially designed programs to strengthen and support painful joints and to maintain flexibility to for maximal joint function and pain management. Sentara Martha Jefferson Physical and Occupational therapists work to develop an individualized program to minimize the risk of injury and maximize function.

Sentara Martha Jefferson Hospital also has the only Charlottesville Certified Aging-in-Place Specialist (CAPS) who consults with individuals, builders, and architects for home modifications for safe, independent living.

Service Area(s)

Albemarle County

,

Buckingham County

,  
Charlottesville City

,  
Fluvanna County

,  
Greene County

,  
Louisa County

,  
Madison County

,  
Nelson County

,  
Orange County