## **Chiropractic Massage Therapy**

Age Requirements 18 and over Intake Contact Email getbackinaction@yahoo.com **Intake Process** Please call for more information and to schedule an appointment. Self Refer Yes Back in Action Chiropractic http://www.getbackinaction.com/ http://www.getbackinaction.com/what-is-chiropractic-massage-therapy Main (757) 873-7786 11832 Canon Boulevard Suite E 23606 VA **United States** Monday: 8:00 am-12:00 pm, 2:00 pm-6:00 pm Tuesday: Closed Wednesday: 8:00 am-12:00 pm, 2:00 pm-6:00 pm Thursday: 2:00 am-6:00 pm, 10:00 am-12:00 pm Friday: 9:00 am-1:00 pm Saturday: Closed Sunday: Closed Additional Availability Comments Tuesday and Saturday by appointment only. Payment Method(s) Private Pay Private Insurance

Medicaid

Languages Spoken

## English

Chiropractic Massage Therapy is recommended for a number of conditions and illnesses. Some of the conditions include arthritis, TMJ, immune system issues, muscle spasms, insomnia, fibromyalgia, and others. It remains an excellent way to help the body heal itself and rid itself of any potential toxins that build up in the system.

```
Service Area(s)
Hampton City
,
Newport News City
,
Norfolk City
,
Poquoson City
,
York County
```