

## **Senior Citizens Site, Grundy**

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Age 60 and older

Family

No

Intake Contact

Phyllis Keene

Intake Process

Walk-ins accepted.

Report Problems

Call the Agency

Self Refer

Yes

Appalachian Agency for Senior Citizens (AASC)

<http://www.aasc.org/>

Main

(276) 935-4918

Toll-Free

(800) 656-2272

Wardell Industrial Park

216 College Ridge Road

24609 VA

United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:30 pm

Saturday: Closed

Sunday: Closed

## Additional Availability Comments

Meal is served

Fee Structure

Suggested Donation

Languages Spoken

English

Senior Center site in Grundy offers active adults 60 or older a friendly and fun place to gather for exercise, nutrition, health programs, and health screenings.

Participants can also learn a craft and enjoy a nutritious lunch. Participants may be eligible for transportation assistance to the site.

Call the senior citizens site for more information or call Appalachian Agency for Senior Citizens at 276-964-4915.

Service Area(s)

Buchanan County

Email

[rmatney@aasc.org](mailto:rmatney@aasc.org)