## Louisa Betty Queen Community Center

Age Requirements 60 +Available 24/7 No Other Eligibility Criteria Independent Adults who are mobile and not homebound. Caregivers must attend with clients if personal assistance is needed. Family No Intake Contact Crystal Donovan, Center Manager Intake Contact Email cdonovan@jabacares.org Intake Process Call, email, or stop in for a visit. **Provider Refer** Yes Self Refer Yes JABA (Jefferson Area Board for Aging) http://www.jabacares.org https://www.jabacares.org/community-senior-centers https://www.facebook.com/jaba.charlottesville/ JABA (@jabacares) / Twitter Main (540) 500-5961 522 Industrial Drive 23093 VA United States Monday: Closed Tuesday: 10:00 am-2:00 pm Wednesday: 10:00 am-2:00 pm Thursday: 10:00 am-2:00 pm

Friday: Closed Saturday: Closed Sunday: Closed Additional Availability Comments Tuesday, Wednesday and Thursday 9am until 2pm Fee Structure Suggested Donation Languages Spoken English

JABA's Betty Queen Community Senior Center in Louisa County provides access for older adults (60+) and their families to a wide array of community services essential for maintaining health, independence, and wellbeing. Programs are offered in four core areas: Health and Nutrition, Education and Recreation, Physical Fitness, and Volunteerism. Programs include lectures, live arts, exercise classes, interest groups, nutritious lunches, health education and screenings, entertaining activities, and community based events. Through a case manager, the center also provides home based nutrition services.

Service Area(s) Louisa County Email info@jabacares.org