## Published on SeniorNavigator (https://seniornavigator.org)

## **Family Preparedness Plan**

The	_Family Disaster Plan
Last Updated:	
Names of People in this Fa	amily:
Our Designated Meeting Places	
come home and see the hous	nmediately evacuate our house, or in the event that we se in flames, it is important that we have a designated home so that we know that everyone is out and safe.
Our immediate outside pla	
	ot be able to enter our neighborhood or had to leave s such as a flood, hazardous materials spill or other
Our meeting place outside	of our neighborhood is:
Our Designated Out of Town Co	entacts:

In many emergencies, it is easier to contact someone out of town than to make a local call. For this reason, it is necessary to designate an out of town contact that we

will call to let know our condition and our whereabouts in time of emergency when we may not be able to get in touch with each other.

Designated Out of Town Contact:	
Name	Phone:
In the event that we cannot contact tha	t person, the back up contact is:
Name	Phone:
Emergency Telephone Numbers:	
For All Emergencies: 9-1-1	
Office of Emergency Services:	
Poison Control Center:	
Fire Department:	
Police or Sheriff:	
Hospital:	
American Red Cross Chapter:	
Salvation Army:	
VA State Police:	

Our Neighbors' Telephone Numbers:

ame:
ddress:
none #:
ell Phone
ame:
ddress:
none #:
ell Phone
ame:
ddress:
none #:
ell Phone
ame:
ddress:

Phone #:	
Cell Phone #:	
Our Insurance Policies:	
Health Insurance Information	
Company Name:	
Group Name or #:	•
Subscriber:	
Social Security #:	_
Telephone #:	
Other Information:	
Dental/Optical Insurance Information	
Company Name:	
Group Name or #:	-
Subscriber:	

Telephone #:
Other Information:
Flood Insurance
Company Name:
Group Name or #:
Subscriber:
Telephone #:
Other Information:
Life Insurance Information
Company Name:
Group Name or #:
Subscriber:
Telephone #:
Other Information:

**House Insurance Information** 

Company Name:
Group Name or #:
Subscriber:
Telephone #:
Other Information:
Business Insurance
Company Name:
Group Name or #:
Subscriber:
Telephone #:
Other Information:
Vehicle Insurance Information
Company Name:
Group Name or #:
Subscriber:

Telephone #:	
Other Information:	
Our Family Medical Information:	
Medical Information (Name):	
Doctor's Name & Phone Number:	
Dentist's Name & Phone Number:	
Pharmacy Name & Phone Number:	
Prescriptions:	
RX #:	
Drug Name & Dose:	
Doctor:	
RX #:	
Drug Name & Dose:	
Doctor:	

RX #:	
Drug Name & Dose:	
Doctor:	
Medical Information (Name):	
Doctor's Name & Phone Number:	
Dentist's Name & Phone Number:	_
Pharmacy Name & Phone Number:	_
Prescriptions:	
RX #:	
Drug Name & Dose:	
Doctor:	
RX #:	
Drug Name & Dose:	
Doctor:	

RX #:	
Drug Name & Dose:	
Doctor:	
Medical Information (Name):	
Doctor's Name & Phone Number:	
Dentist's Name & Phone Number:	_
Pharmacy Name & Phone Number:	_
Prescriptions:	
RX #:	
Drug Name & Dose:	
Doctor:	
RX #:	
Drug Name & Dose:	
Doctor:	

RX #:	
Drug Name & Dose:	
Doctor:	
Medical Information-Animals:	
Animal's Name:	
Species:	_
Breed or Type:	
Age as of:	
Sex: Date Spayed or Neutered:	
Color/Markings:	
Rabies Tag #:	
Last Trip to the Vet:	
Any illnesses or major surgeries:	
Veterinarian:	

Address & Phone:	
Pet-friendly hotel:	
Boarding Kennel:	
Animal Hospital for Boarding:	
Friend or pet sitter:	

## Pictures of pet alone and with her/his family are attached.

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<a href="https://www.cspdc.org">https://www.cspdc.org</a>
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