

Home Delivered Meals

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Participants must be homebound, and unable to prepare a meal. This is long-term support designed to help older adults remain in the home. If an individual can prepare a meal and is not homebound and cannot afford food, please call our main line at (804) 343-3000 for assistance with food banks, SNAP benefits, or referrals to Friendship Café. This is not an emergency service.

Intake Contact

Intake Team

Intake Contact Email

intake@youraaa.org

Intake Process

Please call our main number at (804) 343-3000 for intake and then a care coordinator will reach out to schedule a home visit.

Intake Contact Telephone

(804) 343-3000

Provider Refer

Yes

Residency Requirements

Must reside in our service area

Self Refer

Yes

Senior Connections, The Capital Area Agency on Aging

<http://www.seniorconnections-va.org>

<https://seniorconnections-va.org/services/support-to-stay-home/hdms/>

<https://www.facebook.com/seniorconnectionscaaa/>

@sccaaa

Main

(804) 343-3000

TTY/TTD

(804) 343-3008 x80434

1300 Semmes Avenue
23224 VA
United States

Monday: 8:30 am-5:00 pm

Tuesday: 8:30 am-5:00 pm

Wednesday: 8:30 am-5:00 pm

Thursday: 8:30 am-5:00 pm

Friday: 8:30 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

The lunch meal is delivered between 11:00 AM and 1:30 PM Monday through Friday.

Fee Structure

Call for Information

Languages Spoken

English

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Language Line available

Senior Connections provides Home Delivered Meals to individuals aged 60 and older, who are homebound and in need of nutrition support. Delicious and nutritious meals provided through our contract with Meals on Wheels, provide one-third of the recommended dietary allowances (RDA.) The Home Delivered Meals program provides:

- Hot meals consist of meat or other protein food, vegetables, fruit, bread, milk or other dairy food, and dessert.
- Regular and special diets if needed such as diabetic, renal, and vegetarian. Foods may be chopped or pureed if needed.
- Daily contact from a Meals on Wheels volunteer.
- Home visits from a Senior Connections' Care Coordinator for initial assessment and periodic reassessments for eligibility and other needs.

Service Area(s)

Charles City County

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Chesterfield County

,

Goochland County

,

Hanover County

,

Henrico County

,

New Kent County

,

Powhatan County

,

Richmond City

Email

seniorconnections@youraaa.org